



## Youth Basketball Rules

*Revised: 11/11/2011*

### I. General Information

- A. Registrations:** All players must be registered and paid prior to the registration deadline.
- B. Weather Cancellations:** Practices will be cancelled anytime USD 290 cancels school due to weather conditions. Weather cancellation of games will be made on game days. The information will be communicated to the coaches and will be located on the homepage of the ORC website, [www.orcottawaks.org](http://www.orcottawaks.org).
- C. Apparel:**
  - a) Players are not allowed to wear any jewelry. This includes, but not limited to watches, necklaces, earrings. Hair bands and clips should be made of a rubberized material. Please enforce this as it is for the safety of all the participants.
  - b) It is suggested that children in K-1 and other timid children should wear shorts or sweats without pockets. They will be more willing to participate and move around if their hands are not in their pockets.
  - c) All shorts must be worn around the waist with no undergarments in sight.
- D. Game Times & Locations:** All games will be played on Saturdays. The K-3<sup>rd</sup> grade leagues will play all games at the Goppert Building gymnasium. The 4<sup>th</sup>-6<sup>th</sup> grade leagues will play all games at the Lincoln Elementary gym.
- E. Wrist Bands:** Wrist bands will be used in the K-1 league. The wrist bands are designed to help players with the match-up process. Coaches are to assist ORC staff in keeping this process moving.
- F. Game Rules:**
  - a) **All age divisions will play 5 on 5.**
  - b) Please have your team ready to play at game time.
  - c) The games will have one official for K-3<sup>rd</sup> grades and two for 4<sup>th</sup>-6<sup>th</sup> grades.
  - d) If a team is without a coach at game time, the officials/staff will fill the spot with a willing parent or staff person.
  - e) Please pull your team off the gym floor to have post game "team talks" when playing at either gym.
  - f) Please have a list of players and their numbers written out for the scorekeepers to put in the book.
  - g) Have players line up at center court for match-ups at least two minutes prior to start of the game.
  - h) There will be no scorekeeping in K-1 leagues.
  - i) **Player subbing:** The coach must try to sub 5 new players every 5 minutes during the game. This will create equal playing time. (If a team has more than 10 players, a coach must do their best to ensure equal playing time throughout the game). The scorekeeper will notify the coach when it is time to sub and will also keep track of the players being subbed in and out. 4<sup>th</sup>-6<sup>th</sup>

grade games will have free substitution the last five (5) minutes of the second half and in overtime.

**j) Each team will have two (2) timeouts per half.**

**G. Game Length:**

- a) K-1 will play 15 minute halves with a continuous clock.
- b) 2<sup>nd</sup> – 3<sup>rd</sup> will play 20 minute halves with a continuous clock.
- c) 4<sup>th</sup> – 6<sup>th</sup> will play 20 minute halves with a continuous clock except for the last two minutes of the 2<sup>nd</sup> half
- d) Halftime will be 5 minutes long

**H. Overtime Period:** Grades 2<sup>nd</sup>-6<sup>th</sup> will have overtime periods of two minutes. 2<sup>nd</sup>-3<sup>rd</sup> grade will have one overtime period of two minutes. If the tie is not broken in that overtime period, the game than will result in a tie. 4<sup>th</sup>-6<sup>th</sup> grades will play multiple 2 minute periods if needed to break the tie. The clock will stop during the overtime period.

**I. Basket Height:**

- a) Grades K-1 will play on 8 foot baskets
- b) Grades 2<sup>nd</sup>-3<sup>rd</sup> will play on 9 foot baskets
- c) Grades 4<sup>th</sup>-6<sup>th</sup> will play on 10 foot baskets

**J. Ball Size:**

- a) Grades K-1 will use the junior ball
- b) Grades 2<sup>nd</sup>-3<sup>rd</sup> will use the intermediate ball
- c) Grades 4<sup>th</sup>-6<sup>th</sup> will use the women's 28.5" ball

**K. Technical Fouls:**

- a) K-6: Any technical fouls in this division will be an automatic ejection. Any coach receiving one in this league will also receive a two game suspension. A second technical foul in the same season will result in a suspension for the remainder of the season.
- b) K-6: Any technical foul will result in two free throw shots and the ball out of bounds.
- c) If you receive a Technical Foul, you must leave the premises immediately. Any further verbal or physical altercation with an official or staff person following the technical will result in a much stiffer penalty.

**L. Offense:**

- a) There will be no 3-point line for K-3<sup>rd</sup> grades.
- b) Free Throws:
  - a. No free throws for K-1
  - b. 2<sup>nd</sup>-3<sup>rd</sup> grade will shoot from the marked 10 foot line
  - c. 4<sup>th</sup>-6<sup>th</sup> grade will shoot from official 15 foot line.

**M. Defense:**

- a) Man to Man will be the only defense allowed in K-3<sup>rd</sup> grade divisions
- b) 4<sup>th</sup>-6<sup>th</sup> grade divisions will be allowed to play any defense.
- c) There will be no full court press in K-3<sup>rd</sup> grades. 4<sup>th</sup>-6<sup>th</sup> grade boys and 4<sup>th</sup>-6<sup>th</sup> grade girls are allowed to press in the second half. A team with a 15 point or more lead must remove the full court press.

\*\*\* The ORC and its staff reserve the right to modify rules and make rulings on unique situations as we see fit. Thanks!